

# Behavioral Health Ombuds Service

## Mutual Authorization for Release of Information

101 N Edison, Box B  
Kennewick, WA 99336  
509-783-9444  
833-783-9444  
509-735-1191 (FAX)

<b>Individual's Name:</b> _____
<b>Date of Birth:</b> _____ <b>Phone:</b> _____
<b>Address:</b> _____
<b>City:</b> _____ <b>State:</b> _____ <b>Zip:</b> _____

I, \_\_\_\_\_, do hereby authorize Behavioral Health Ombuds Service (BHOS) to exchange and/or discuss information relating to my Complaint, Grievance, Administrative Hearing or HCA Board of Appeals, with:

**Provider Agency, Individual, Administrative Service Organization (ASO) or Managed Care Organization (MCO):**

Name: \_\_\_\_\_ Telephone #: \_\_\_\_\_ Fax: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**I ALSO AUTHORIZE BHOS TO REVIEW AND DISCUSS INFORMATION CONTAINED IN MY FILE RELATING TO MY: (Please initial)**

- \_\_\_\_\_ SUD and/or Mental Health Outpatient treatment during the period of \_\_\_\_\_; and/or
- \_\_\_\_\_ SUD and/or Mental Health Residential treatment during the period of \_\_\_\_\_.

**THE INFORMATION AND DISCUSSION IS REQUESTED FOR THE PURPOSE OF: (Please initial)**

- \_\_\_\_\_ Resolving the Complaint I have filed and which I have asked Ombuds to investigate.
- \_\_\_\_\_ Helping me navigate the Grievance I have filed with my MCO or GCBH-ASO.
- \_\_\_\_\_ Helping me navigate the Appeal I have filed with my MCO or GCBH-ASO.
- \_\_\_\_\_ Other (Be as specific as possible) \_\_\_\_\_

**SPECIFIC INFORMATION TO BE RELEASED: (Please initial all that apply: \_\_\_\_\_)**

- |   |   |
|---|---|
| <input type="checkbox"/> _____ Attendance                           | <input type="checkbox"/> _____ Discharge Summary                            |
| <input type="checkbox"/> _____ U.A. results                         | <input type="checkbox"/> _____ Psychiatric evaluations / prog notes         |
| <input type="checkbox"/> _____ Complete copy of intake / assessment | <input type="checkbox"/> _____ Other information pertinent to the complaint |
| <input type="checkbox"/> _____ Service plans                        | <input type="checkbox"/> _____ Progress notes                               |

I understand and agree to the release of information authorized in this form. **This consent is valid for ninety (90) days from the date it was signed.** I understand I may revoke the release in writing at any time, but I understand that revocation will not affect any information that was already released. I understand that my express written permission is required to release any health care information related to testing, diagnosis, and/or treatment of psychiatric disorders/mental health, drug and/or alcohol use, and HIV (AIDS virus), sexually transmitted diseases. If I have been tested, diagnosed, or treated for psychiatric disorders/mental health, drug and/or alcohol use, HIV (AIDS virus), and sexually transmitted diseases, you are specifically authorized to release all health care information indicated above relating to such diagnosis, testing, or treatment. A copy of this form is valid to give my permission to release of information and records. I have received a copy of this release.

\_\_\_\_\_  
**Authorized Signature**

\_\_\_\_\_  
**Date**

**If the consumer is under 13 years of age, or is an adult with a court appointed guardian, the consumer's parent or guardian must sign this release. The consumer must sign all other releases.**

\_\_\_\_\_  
**Parent or Guardian Signature**

\_\_\_\_\_  
**Date**

To those receiving information under this authorization: Federal and State laws and regulations (*42 CFR, Part 2 and 45 CFR Parts 160 & 164*) protect the information disclosed to you. You may not release it to any other person or entity without specific written consent from the individual it pertains to. You are subject to the same standards and laws of confidentiality as the originating holder of the records. **UNAUTHORIZED REDISCLOSURE BY RECIPIENT IS PROHIBITED.**